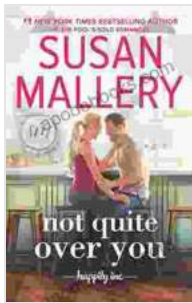


Not Quite Over You: Find Closure and Move On from Your Ex Happily

Are you struggling to get over your ex? Do you feel like you're stuck in a cycle of heartbreak and despair? If so, you're not alone. Millions of people every year go through the pain of a breakup. And while it's normal to feel sad, lost, and even angry after a relationship ends, there are things you can do to heal and move on.



Not Quite Over You (Happily Inc Book 4) by Susan Mallery

★★★★☆ 4.7 out of 5

Language	: English
File size	: 683 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 265 pages



In her new book, *Not Quite Over You*, relationship expert Susan Winter offers a compassionate and practical guide to getting over your ex and finding happiness again. Based on her years of experience working with clients who are struggling with heartbreak, Winter provides a step-by-step plan for healing and moving on.

Not Quite Over You is divided into three parts:

- 1. Part One: Understanding Your Emotions**

In this section, Winter helps you to identify the different stages of heartbreak and understand your emotions. She explains why it's important to grieve the loss of your relationship and how to avoid getting stuck in the past.

2. Part Two: Developing Strategies for Healing

In this section, Winter provides a variety of strategies for healing from heartbreak. She teaches you how to cope with the pain of loss, build your self-esteem, and let go of the past. She also offers advice on how to deal with difficult emotions, such as anger, sadness, and jealousy.

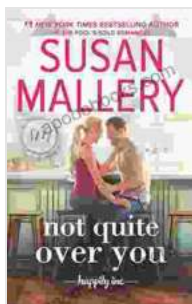
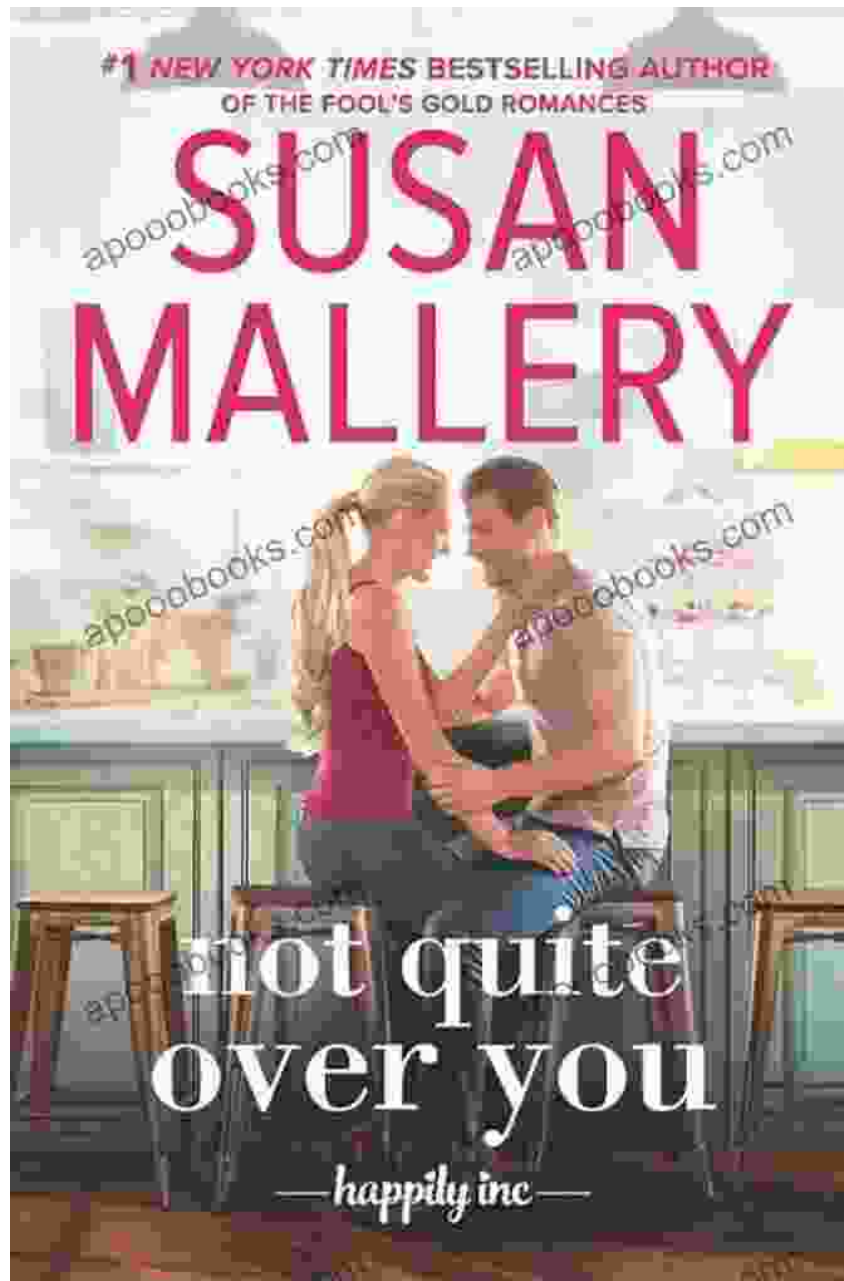
3. Part Three: Finding Happiness Again

In this section, Winter helps you to find happiness again after a breakup. She teaches you how to set goals for the future, build a strong support system, and open yourself up to new experiences. She also offers advice on how to date again and find a healthy relationship.

Not Quite Over You is an essential guide for anyone who is struggling to get over their ex. Winter's compassionate and practical advice will help you to heal from heartbreak and find happiness again.

Free Download Your Copy Today

Not Quite Over You is available now at all major bookstores. Free Download your copy today and start healing from heartbreak.



Not Quite Over You (Happily Inc Book 4) by Susan Mallery

★★★★☆ 4.7 out of 5

Language	: English
File size	: 683 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled

Print length : 265 pages

FREE

DOWNLOAD E-BOOK



Rape Blossoms and White Sky: A Floral Symphony of Resilience and Healing

A Kaleidoscope of Colors and Emotions "Rape Blossoms and White Sky" is a literary tapestry woven with the threads of nature, memory, and the...



Single Dad Slow Burn Romance: Eagle Tactical

By Kara Kendrick In the heart-stopping world of Eagle Tactical, widowed father Captain Jack "Reaper" Hayes faces...